

Exchange Street Bistro

Take Out

Starters

Bistro Wings 11
*hoisin honey BBQ sauce, peppercorn aioli
grilled pineapple*

Crispy Calamari 13
*cherry peppers, scallions, sweet chili
aioli, pomodoro*

Chicken Quesadilla 11
*adobo braised chicken, cheddar jack
pico de gallo, sour cream*

Fish Tacos 13
*jack cheese, slaw, pico de gallo, lettuce
cilantro lime aioli*

Soup & Salad

Add the following to any Salad: Chicken {6} Salmon {9} Shrimp {8} Ahi Tuna {9}

Traditional Cobb Salad 13
*chicken, corn, blue cheese, tomato, bacon, egg
avocado, green goddess dressing*

Soup de Jour 10 (1pt) / 15 (1qt)
house made soup of the day

Caesar Salad 9
romaine hearts, shaved parmesan, croutons

Bistro Salad 8
*mixed greens, red onion, goat cheese
cranberries, white balsamic dressing*

House Specialties

Grilled Salmon ♦ 23
*roasted corn, sugar snap peas & fingerling
potatoes, smoked tomato vinaigrette*

14oz Ribeye 28
*garlic parmesan fries, herbed béarnaise butter
baby arugula salad*

Baked Haddock 25
*sautéed spinach, lobster mashed potatoes
roasted tomatoes, Newburg sauce*

Classic Turkey Club 12
*house made turkey breast, bacon
tomatoes, lettuce, aged cheddar, mayo*

Seared Ahi Tuna Wrap 14
*pineapple salsa, slaw, pickled red onion
baby arugula, toasted naan*

Short Rib Bourguignon ♦ 25
*sugar snap peas, garlic mashed potatoes
red wine demi glace*

Traditional Bolognese 23
*veal, pork, beef, pappardelle pasta, shaved
parmesan, grilled bread*

Lobster Mac & Cheese 26
*fresh Maine lobster, fontina, aged cheddar,
cracker crumble, cavatappi pasta*

Bistro Burger 14
*black angus beef, cheddar cheese
add bacon, fried egg + \$1.00*

Blackened Chicken Pasta 18
*grape tomatoes, baby spinach,
penne pasta, cajun cream sauce*

Pizza

Margherita 13
*vine ripe tomatoes, fresh mozzarella,
marinara, basil, parmesan*

White 13
*caramelized onions, sundried tomatoes
goat cheese, mozzarella, arugula*

♦ Gluten free cauliflower pizza crust + \$1.00 ♦

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Catering / pick up

To have a large catering order delivered please call us in advance

1/2 tray / Full tray

(4-8 ppl) (8-12 ppl)

Fresh Salads & Soup:

Bistro salad: (mixed greens, cherry tomatoes, cucumbers, red onion, white balsamic dressing)	30 / 55
Caesar salad: (romaine Hearts, Parmesan, croutons house made Caesar dressing)	40 / 75
Potato salad: (house made red bliss potato, red onion, mayo)	25 (3LB) / 45 (5LB)
Pasta salad: (house made seasonal vegetable)	35 (3LB) / 65 (5LB)
Soup de Jour: (house made soup of the day)	10 (1pt) / 15 (1qt)

Pasta Selections:

Chicken & Broccoli Alfredo: (sautéed chicken breast, garlic white wine cream sauce, Penne pasta)	45 / 80
Chicken Marsala: (sautéed chicken breast, mushrooms, shallots. marsala wine Penne pasta)	45 / 80
Lobster Mac & Cheese: (fresh Maine lobster, fontina cheese, age cheddar, cracker crumble, cavatappi pasta)	80 / 150
Baked Mac & Cheese: (fontina cheese, age cheddar, cracker crumble, cavatappi pasta)	35 / 65
Penne with Pomodoro Sauce: (shaved parmesan, add meatballs 2.50ea)	30 / 55
Bolognese over Penne: (veal, pork, beef, shaved parmesan)	50 / 90
Shrimp Scampi w/Linguini:(lg. shrimp, garlic, cherry tomatoes, shaved parmesan)	50 / 90
Blackened Cajun Chicken: (house specialty grape tomatoes, baby spinach, penne pasta cajun cream sauce)	45 / 80

House Specialites:

Baked Haddock: (fresh haddock, cracker crumble, Newburg sauce)	50 / 90
Glazed Salmon: (fresh Atlantic salmon, whole grain mustard, honey & apple cider glaze)	45 / 85
Eggplant Rollatini: (sliced eggplant, Italian cheese, fresh ricotta, pomodoro sauce & shaved parmesan)	40 / 70
Roast Beef w/Au Jus: (made in house slowly roasted garlic & herbs with our house make natural Au Jus)	50 / 90
Chicken Saltimbocca: (roasted chicken breast, prosciutto, fresh mozzarella, sage jus)	50 / 90
Stuffed Chicken: (fresh ricotta, mozzarella, parmesan cheese, sundried tomatoes, baby spinach)	45 / 80
Chicken Parmesan: (Italian herbs panko breaded chicken breast, mozzarella, parmesan, pomodoro sauce)	45 / 80
Sausage Peppers & Onions (sweet Italian sausage baked with peppers and onions)	45 / 80

Deli Sandwiches:

Roast Beef Rollup: (arugula, tomato, horseradish mayo & boursin cheese)	35 / 65
Turkey Club: (house made turkey breast, age cheddar cheese, lettuce, tomato, bacon, mayo)	35 / 65
Chicken Salad: (lettuce, tomato, house made mayo, cranberries)	30 / 55
Chicken Parmesan Slider: (breaded chicken Breast, pomodoro sauce, fresh mozzarella)	35 / 65
Italian: (prosciutto, salami, capi cola, provolone, lettuce, tomato & Italian dressing)	35 / 65
Mediterranean: (artichokes, roasted red bell pepper, cucumbers, feta cheese, spinach, hummus)	30 / 55
Grilled Chicken Caesar Wrap: (grilled chicken, romaine hearts, house made Caesar dressing)	35 / 65

Side Dishes

Roasted Potatoes:	25 / 45
Seasonal Vegetables:	35 / 65

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House Made Potato Chips:

15 / 30

Fresh Fruit: (seasonal fresh fruit typically made with watermelon, cantaloupe, honeydew, pineapple, red grapes)

40 / 75